

# AlgaeCal

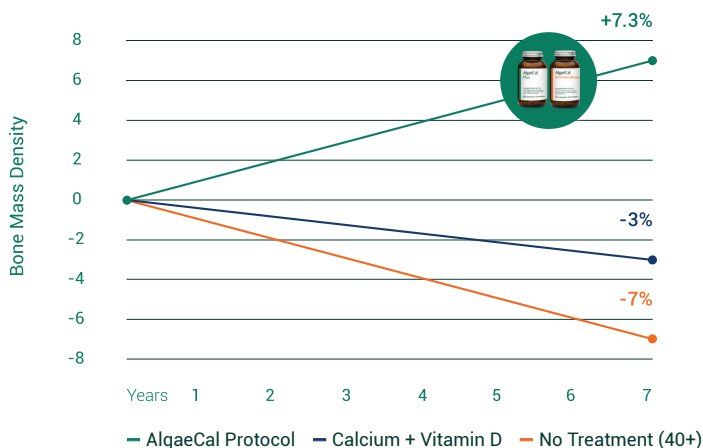
## Strontium Boost

Stronger Bones. For Life.™

Natural strontium citrate enhances healthy bone remodeling while reducing fracture risk.

Now there is a **safe**, natural strontium compound that supports healthy bone formation. Strontium citrate is shown in clinical studies to increase bone mineral density via several methods (see below). Now it's available in a convenient form, Strontium Boost.

When combined with another AlgaeCal product, AlgaeCal Plus, Strontium Boost is shown to provide bone density increases in patients in a 1-year and 7-year trial.<sup>1,2</sup>



**Study: AlgaeCal Plus and Strontium Boost provide year-over-year bone density increases (~1%) over 7 years.** In this 7-year study, 172 postmenopausal women in their mid 60s gained 7.3% more bone, adding about 1% to their bone mineral density each year, instead of the expected 1% BMD loss. That's a 14% swing.<sup>1,2</sup>

No study participants experienced adverse effects.

While synthetic strontium ranelate steals headlines and makes practitioners leery, strontium citrate has a long history of safety and efficacy when taken with adequate calcium.

Strontium itself boasts a wealth of bone health benefits, by increasing osteoblast production and regulating bone resorption.<sup>3,4</sup> Along with this ability to ameliorate bone remodeling, strontium is independently associated with increased osteoid production and decreased fracture risk, likely due to its effects on bone architecture.<sup>3,5</sup>

Each batch of Strontium Boost is tested for potency and to ensure microbial safety.



### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

#### AlgaeCal Strontium Boost

Amount Per Serving	% Daily Value
Strontium 680 mg (from Strontium Citrate)	*

\*Daily Value not established.

**Other Ingredients:** Vegetable cellulose (vegetarian capsule).

**Suggested Use:** To improve bone mineral density and maintain strong bones, when incorporated into a regimen with AlgaeCal Plus.

**Recommended Dose:** Take two capsules daily, with or without food. Recommended to take in the evening before bed. Ensure adequate daily calcium intake during use. For best absorption, take at least two hours apart from calcium-rich foods or supplements containing calcium. Adult use only.

**Cautions:** Patients with chronic kidney disease, who have compromised blood-filtering capabilities, should avoid strontium unless recommended by their healthcare provider. Consult a healthcare professional if you have any medical condition, are taking any medication, or are pregnant or lactating. Keep out of reach of children.

**This product is non-GMO and free from gluten, wheat, dairy and soy.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The number of health care professionals offering Strontium Boost in conjunction with AlgaeCal Plus in their practices has tripled in the last few years. Today, MDs, osteopaths, naturopaths, nurse practitioners, physician's assistants and other functional medicine practitioners trust AlgaeCal to improve their patients' bone health. Safely and naturally.

### Talk To AlgaeCal's Functional Medicine Team

To offer AlgaeCal in your practice or ask product questions, practitioners can contact our Health Care Professionals division at: [clinicalsupport@algaeal.com](mailto:clinicalsupport@algaeal.com) or toll-free 844-618-1700.

#### References:

1. Int J Med Sci. (2011) PMID: 21448303
2. J Am Coll Nutr. (2016) PMID: 26885697

3. Pharmacol Ther. (2012) PMID: 22820094
4. Bone. (2012) PMID: 22270053
5. Curr Opin Rheumatol. (2006) PMID: 16735841