

Region	Exam Date	BMD	T-Score	BMD vs. Baseline
Spine	03/2014	0.801	-2.2	17.8%
Spine	03/2012	0.743	-2.8	9.2%
Spine	06/2010	0.676	-3.4	0.6%
Hip (L)	03/2014	0.618	-2.7	didn't give this score for hip*
Hip (L)	03/2012	0.575	-3.0	“ “
Neck (L)	03/2014	0.540	-2.8	4.4%
Neck (L)	03/2012	0.488	-3.2	-5.6%
Neck (L)	06/2010	0.488	-3.3	-5.7%

*They didn't give results past two years for the hip but my doctor told me during the post scan visit that my hip had increased 10.7%.

I started taking AlgaeCal in Nov. or Dec. of 2011, so I had been on it for four months before the 2012 scores were tallied. They do show an improvement over the 2010 scores. Prior to that my scores had gotten worse. I took Fosamax for 8 months in 2010 but stopped it by my own volition.