

Full Name (Last name, First name Middle name)

Email Address (we will contact only the Scholarship Winner)

What school do you attend to or are you alumni at?

How Important is Health & Nutrition in Your Life?

- Extremely Important
- Somewhat Important
- Not Important

How many times per week do you exercise?

- None
- 1-2 Times
- 3-4 Time
- 5 or more Times

How many times per week you take vitamin / mineral supplements?

- None
- 1-2 Times
- 3-4 Times
- 5 or more Times

How many times per week do you eat whole unprocessed foods?

- None
- 1-2 Times
- 3-4 Times
- 5 or more Times

Essay Question. (Please answer with up to 750 words)

If you could, what, if any, changes to programs; policies and education etc. would you implement for the general health/ well being of the average modern person?