AlgaeCal Restore™

Multi-nutritional formula designed to support joint comfort, cartilage integrity, and recovery after physical activity.



Clinical Support for Joint Function Changes in joint health are influenced by multiple processes, including cartilage turnover, persistent low-grade inflammation, and reduced resilience of surrounding muscle tissue. AlgaeCal Restore™ addresses these factors with clinically supported ingredients to support joint comfort, cartilage integrity, and recovery from exertion.*‡

Cartilage Support and Joint Comfort Contains Move3,® a combination of eggshell membrane and omega-3 fatty acids. In a randomized, double-blind, placebo-controlled trial in healthy adults aged 40–70 under-going daily exercise stress, supplementation with Move3® was associated with reductions in exercise-induced joint pain and stiffness within 1–2 weeks. Investigators also reported reductions in urinary CTX-II.[1]

Support for a Healthy Inflammatory Response Provides Theracurmin,® a highly bioavailable curcumin. In a randomized, double-blind, placebo-controlled study of adults over 40 with mild-to-moderate knee osteoarthritis, Theracurmin® supplementation was associated with improvements in knee pain over 8 weeks.[2] A 6-month open-label follow-up study reported continued improvements in pain, function, and mobility with ongoing use.[3]

Recovery and Physical Resilience AlgaeCal Restore™ includes AstaReal® Astaxanthin. Astaxanthin has been studied for its effects on oxidative stress, muscular endurance, and recovery following exertion. In a placebo-controlled study, supplementation with AstaReal® was associated with improved strength endurance over 6 months.[4] In a separate randomized, double-blind, placebo-controlled study in elite young soccer players, astaxanthin supplementation was associated with a 44% smaller post-exercise rise in creatine kinase, a commonly used marker of muscle damage.[5]

Absorption Support Contains AlgaeCal Absorb,™ a proprietary blend of acacia fiber, apple cider vinegar powder, ginger root, holy basil, and shiitake mushroom powder, included to support digestion and nutrient uptake.*

For more information visit **www.algaecal.com**

Supplement Facts

Serving Size 4 Softgels
Servings Per Container 30

Amount Per Serving	AlgaeCal Restore™ % Daily Value
Calories (energy) 25	
Total Fat 2 g	3%*
Cholesterol 10 mg	3%
Total Omega-3 Fatty Acids 1275 mg	**
EPA (Eicosapentaenoic Acid) 720 mg	**
DHA (Docosahexaenoic Acid) 480 mg	**
NEM® Eggshell Membrane 500 mg	**
Theracurmin® Turmeric Extract 600 mg (*Curcuma longa*) (Rhizome) (180 mg total curcumin)	**
AstaReal® Natural Astaxanthin 6 mg (Haematococcus pluvialis) Algae Extract	**
AlgaeCal Absorb™ 25 mg (Acacia Fiber, Apple Cider Vinegar Powder, Ginger Root Extract, Holy Basil Leaf Extract, Shiitake Mushroom Mycelium Biomass (Lentinus edodes))	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Concentrated omega-3 fish oil (anchovy, sardine, mackerel), softgel shell (bovine gelatin, glycerin, sorbitol, purified water, annatto extract), yellow beeswax, sunflower lecithin, natural mixed tocopherol.

Contains: Fish oil (anchovy, sardine, mackerel), egg, and soybean.

Suggested Use: Take 2 softgels twice daily with food, or as directed by a healthcare professional.

Recommended Use: Helps support joint comfort, mobility and healthy cartilage.†

Caution: Consult your healthcare professional prior to use if you are pregnant or nursing, taking medications, have a medical condition, or are planning a medical procedure.

Storage: Keep at room temperature in a dry place away from direct sunlight. Keep out of reach of children.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

‡Results consistent with Clinical Trials on individual ingredients. Results may vary.

References:

1. Ruff KJ, Morton K, Duncan SA, Back M, Ismail A, Ryan AS. Eggshell Membrane+Fish Oil Combination (Move3®) Reduces Exercise-Induced Joint Pain, Stiffness and Cartilage Turnover in Healthy Adults: Results from a Randomized, Double-Blind, Placebo-Controlled Study. Int J Phys Med Rehabil. 2020;8:551.
2. Nakagawa Y, Mukai S, Yamada S, et al. Short-term effects of highly-bioavailable curcumin for treating knee osteoarthritis: a randomized, double-blind, placebo-controlled prospective study. J Orthop Sci. 2014;19(6):933–939.
3. Nakagawa Y, Mukai S, Yamada S, Murata S, Yabumoto H, Maeda T, Akamatsu S. The Efficacy and Safety of Highly-Bioavailable Curcumin for Treating Knee Osteoarthritis: A 6-Month Open-Labeled Prospective Study. Clin Med Insights Arthritis Musculoskelet Disord. 2020.
4. Malmsten C, Lignell Å. Dietary Supplementation with Astaxanthin-Rich Algal Meal Improves Strength Endurance—a Double-Blind Placebo-Controlled Study on Male Students. Carotenoid Science. 2008;13:20–29.
5. Djordjevic B, Baralic I, Kotur-Stevuljevic J, et al. Effect of astaxanthin supplementation on muscle damage and oxidative stress markers in elite young soccer players. J Sports Med Phys Fitness. 2012;52(4):382–392.